

# **SAILING INSTRUCTIONS**

## **Bowden Races**

### **October 1-2, 2011**

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1. **RULES & GENERAL CONDITIONS**

The Race will be governed by the Racing Rules of Sailing (ISAF 2009-2012), the Jamaica Yachting Association (JYA) governing regulations for PHRF handicaps, and other specific provisions of these Sailing Instructions.

2. **ALTERNATIVE PENALTIES**

ISAF Rule 44.2 (720° Turns Penalty) shall NOT apply for an infringement of a Rule of Part 2. ISAF Rule 44.3 (Scoring Penalty) shall be in effect.

3. **ADVERTISING**

The Race is classified as a Category “A” event in accordance with ISAF Rule G3.

4. **ENTRIES**

Yachts may be entered by completing registration on the Notice Board adjacent to the Secretary Managers Office at the RJYC Clubhouse.

5. **STARTING PROCEDURE**

The Race will be started in accordance with ISAF Rule 26 System 1. The Warning Flag shall be Code Flag “C” , the Preparatory Flag Code Flag “P” . In the event a Start Committee Boat and/or visual signals are not available for the start of the Race, the Officer in charge shall advise the fleet of the starting signals at least 30 minutes prior to the start. A Time Signal will be broadcast on Ch 68 at 05:30 local time.

The following signals MAY be given:

- a) **POSTPONEMENT** – General broadcast on VHF CHannel 68. If the Race is postponed a warning to the preparatory signal will be given one minute prior to the preparatory signal and shall be one (1) sound signal.
- b) **INDIVIDUAL RECALL** – One (1) sound signal after the starting signal specific communication on VHF Channel 68, not mandatory.
- c) **GENERAL RECALL** – Repeated multiple sound signals and/or general communication on VHF Channel 68.

6. **START TIME Oct. 1<sup>st</sup> Lime Cay to Bowden**  
06:00 hours (LMT) .

7. **COURSE**

**THE STARTING LINE:** The Starting Line will be an imaginary line extending Northward from the most Westerly Bushes on Lime Cay and forming a Transit with Lime Cay Buoy. Start West to East leaving the Buoy on the Starboard hand.

**East Middle Ground Buoy (off Plumb Point), to be left to Starboard.** Other channel marks to the EAST of East Middle Ground are NOT marks of the course.

Thence to Port Morant (Bowden) Outer Channel Mark, (GREEN) to be left to Port and into Bowden Harbour observing the Channel Marks.

**The Finish Line** will be a line between the Southerly End of Bowden Wharf and WATSON Stake Mark.

8. **TIME LIMIT**  
1800 hours (LMT) Saturday October 1<sup>st</sup>, 2011.

9. **START TIME October 2<sup>nd</sup> Bowden to RJYC**  
08:00 hours (LMT).

10. **COURSE**

**THE STARTING LINE:** The Starting Line will be a line between the Southerly End of Bowden Wharf and WATSON Stake Mark.

Exit Port Morant (Bowden) observing the Channel Marks.

**East Middle Ground Buoy (off Plumb Point), to be left to PORT.** Other channel marks to the EAST of East Middle Ground are NOT marks of the course.

**Thence via the East Channel to Kingston Harbour observing all Channel Marks on the correct hand.**

Through Kingston Harbour Ships Channel to the Finish Line at the RJYC

Notes: (\*) WEST MIDDLE ROCK (CAKE) BUOY may be passed on either hand. The un-named new structure located west of CAKE BUOY shall be left to PORT.

(\*\*) Competitors shall NOT pass SOUTH of an imaginary line drawn between PICKERING and TUPPER beacons.

**THE FINISHING LINE:** The Finishing Line will be an imaginary line extending Northward from the RJYC Crows Nest to "I" Mark, limited to the South by the RJYC Slipway Pier, finishing West to East between "I" Mark and the Shore.

11. **TIME LIMIT**  
17:30 hours (LMT) Sunday October 2<sup>nd</sup>, 2011.

12. **HANDICAP SYSTEM**  
Yachts will be handicapped by the “Time on Time” system in accordance with the PHRF System as determined by the Handicap Committee.
13. **COMMUNICATION**  
A Yacht shall not receive special information concerning the Race by any means unless this information is available to all competing yachts and at the same time.  
VHF Channel 68 is the recommended channel for this Race, and shall be the preferred channel used for general race management and safety coordination.
11. **NOTICES TO COMPETITORS**  
Notices will be placed on the Notice Board located within the RJYC. Changes to these sailing instructions may alternatively be communicated by VHF radio or verbally from the officer in charge.
12. **ANCHORS**  
Yachts over 28 feet in length shall carry two (2) anchors and rode of suitable size. Other yachts shall carry one (1) anchor and suitable rode.
13. **LIFE-SAVING EQUIPMENT**  
Every yacht shall carry personal floatation equipment for each crew member. If a yacht does not have lifelines that adequately protect the port and starboard sides of the cockpit, then the crew must wear life jackets continuously from before the 5 minute time signal and until the yacht has finished or retired..
14. **SAFETY.** The course takes competitors across the Shipping Channel and all must pay careful attention to the movement of vessels in the Channel and be aware that these vessels are restricted in their ability to maneuver. In practice it is the responsibility of the vessel crossing to keep clear of any vessel transiting the channel.
15. **RESPONSIBILITY.** The decision to enter a vessel and to take part in this event is the sole responsibility of the Skipper of each vessel. The RJYC accepts no liability for any accident or injury that may be sustained by, or caused by, any competitor.
- 16 **PRIZES** will be awarded for the first, second and third place results under the handicap system.

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